

5 August 2024

FOI Ref 16634

Request - You asked us the following:

1. Does your force make information and guidance about personal resilience freely available to officers and staff? YES/NO
If YES - then please give examples (e.g. websites, intranet, Wellbeing Services)
2. Does your force provide officers and staff with specific training on personal resilience? YES/NO
If YES -then please give examples.
If NO - is it covered in wider wellbeing training?
Is your Force intending to in the future?
3. Does your Force have a dedicated Staff Wellbeing Team/Service? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available?
4. Does your Force have a dedicated staff wellbeing intranet site/website? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available?

We received your request on 11/03/2024 and have processed this under the Freedom of Information Act (FOIA).

Please find below our response.

Staffordshire Police holds the following requested information.

1. Does your force make information and guidance about personal resilience freely available to officers and staff? YES/NO
If YES - then please give examples (e.g. websites, intranet, Wellbeing Services) – **Information held.**
2. Does your force provide officers and staff with specific training on personal resilience? YES/NO
If YES -then please give examples.
If NO - is it covered in wider wellbeing training?
Is your Force intending to in the future? – **Information held.**
3. Does your Force have a dedicated Staff Wellbeing Team/Service? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available? – **Information held.**
4. Does your Force have a dedicated staff wellbeing intranet site/website? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available? – **Information held.**



STAFFORDSHIRE
POLICE

Staffordshire Police discloses the following information.

1. Does your force make information and guidance about personal resilience freely available to officers and staff? YES/NO
If YES - then please give examples (e.g. websites, intranet, Wellbeing Services) – **Disclosed – Yes, training delivered resilience workshops, intranet page, signposting during counselling and welfare appointments.**
2. Does your force provide officers and staff with specific training on personal resilience? YES/NO
If YES -then please give examples.
If NO - is it covered in wider wellbeing training?
Is your Force intending to in the future? – **Disclosed –Yes, workshops are delivered during training to line managers, specific team inputs have also been undertaken where requested.**
3. Does your Force have a dedicated Staff Wellbeing Team/Service? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available? – **Disclosed –Yes, we have a wellbeing nurse who works within the Occupational Health Unit.**
4. Does your Force have a dedicated staff wellbeing intranet site/website? YES/NO
If YES -please give brief details
If NO – Then what wellbeing provision is currently available? – **Disclosed – Yes, the wellbeing page is on our intranet which signposts colleagues to support.**

Next steps

You can ask us to review our response.

If you would like us to carry out a review of our response, please let us know within two months of the date of receipt of this email, review requests should be addressed to:

foi@staffordshire.police.uk

Or by Post to:

Central Disclosure Unit
Staffordshire Police HQ
PO Box 3167
Stafford
ST16 9JZ

Please remember to quote the reference number in any future communications.

Freedom of Information
Central Disclosure Unit